

Anodyne Fitting Tips

It's important to note that all shoe manufacturers use their own lasts to construct their footwear. As a result, the continuity of fit from one manufacturer to the next can be very inconsistent. At Anodyne, we designed our shoes to fit fuller in the instep and toe box, relative to other diabetic shoe companies, in order to better accommodate a thicker orthotic and any potential swelling. Nonetheless, our shoes, in general, fit slightly larger than our competitors' do. Please see our fitting tips below, based off of recommendations from our in-house Pedorthic team.

- Women's Styles –
 - In relation to other diabetic footwear companies, our women's shoes run a half size to a full size bigger. If you're dropping a full size, I would recommend staying with the same width. If you're only dropping a half size, in most cases, I would drop down 1 width.
 - Based on a standard brannock or our foot measuring device, we recommend the following sizing –
 - If in-between sizes, round down to the nearest ½ size
 - If in-between widths, round down to the smaller width
 - Slight size tweaking by style –
 - No. 11 – runs slightly large (size down – length and width)
 - No. 51 – runs slightly large (size down – length and width)
 - No. 77 – runs slightly larger (double depth)
 - No. 81 – runs slightly larger (double depth)
 - No. 23 – runs slightly smaller (size up – length and width)
 - No. 49 – runs slightly smaller (size up – length and width)
- Men's Styles –
 - In relation to other diabetic footwear companies, our Men's shoes run the same length; however, they fit slightly fuller, so at times, you will want to drop down to a narrower width.
 - Based on a standard brannock or our foot measuring device, we recommend the following sizing –
 - If in-between sizes, round down to the nearest ½ size
 - If in-between widths, round down to the smaller width
 - Slight size tweaking by style –
 - No. 52 – runs slightly larger (size down – length and width)
 - No. 74 – runs slightly larger (double depth)
 - No. 88 – runs slightly larger (double depth)
 - No. 22 – runs slightly smaller (size up – length and width)
 - No. 44 – runs slightly smaller (size up – length and width)

While following these tips will likely help you select the best size/width combination, we believe it's very important to use one of our fitting centers to actually try the shoes on the patient.